



Aquatic Explorations Swim Club

Up to 9 students per 45-minute class

Free trial lesson offered

*Please note: **no make-ups offered for missed club dates**

Prerequisites: Student must know all 4 strokes and flip turns

Each week we will work on building endurance while maintaining the same quality of stroke work we have come to expect of our Aquatic Explorations swim students. In addition to the competitive qualities of swimming, during the last 10 mins of each 45-minute session we will explore various water polo, snorkel, surf skills etc.

Please confirm with your student's teacher if they are ready for swim club and then check with our office for availability.

Tuesdays 7:15-8pm

Wednesdays 7:15-8pm

Thursday 7:15-8pm

(1 session per week)

Field trips on the 3rd Sunday of each month 2-4pm

With Founder Coach Jason and an assistant Coach supervising field trip.

4/16 Kayaking Long Beach (*rental fee not included*)

5/21 Surfing Seal Beach

6/18 Surfing Bolsa Chica

7/16 Snorkeling San Pedro

8/20 Snorkeling Laguna

9/17 Aquarium Long Beach (*entrance fee not included*)

Field trip attendance is included in the monthly swim club tuition for any active swim club student that would like to participate.

For questions or to check availability for a free trial lesson please email aquaticexplorations@gmail.com